



Module 5: Seeing the Gifts and Challenges of Intimate Relationships

Video 5-2 Trusting a Loving Universe

We can now see the gifts in every situation and see how challenging circumstances and people have advanced us on our journey to wholeness, we practice seeing ourselves as Love, Lover and Beloved. We can now see others in our lives in the same way. They are Love, Lover and Beloved.

We move into total trust of a conscious loving abundant universe and act accordingly. The action is key. Without it we stay stuck in the same reality, the same frequency, and we call in the same behaviors until we actually do the work prescribed in the prior modules.

We trust ourselves and the universe! We know we are magnificent aspects of the divine and we act accordingly. We relax and just BE. We watch circumstance, listen to our hearts and take bold committed action to align ourselves with the guidance of the Universe.

We know it wants more for us than we can imagine, and that we promised to bring a gift to the party of life and all of creation is awaiting that gift.

We see that we have created a persona to please our culture, our parents, our friends. That we have sought and achieved goals that make us appear successful, loveable and desirable when perhaps we haven't felt any of those attributes because we haven't aligned with our deepest soul's gift. We have been in process on our journey to wholeness.

Now is the time to go deep inside to discover what really matters to us. Are we willing to face ourselves and the challenges in our lives, become vulnerable and step into the unknown?

Only we can answer that with our choices.

No one else can step into our soul and align our hearts and minds to its process of learning to love all aspects of itself.