



Module 2: Assumptions and Worldview

Video 2-3 The Power of Assumptions

I trust you have explored aspects of yourself you may not have pondered before. As we proceed with examining and replacing core assumptions, notice how you feel about the process given your personality structure.

We will now address The Power of Assumptions. Our assumptions determine our unique perspectives and our perspectives determine our interpretation of events in our lives. The story we tell ourselves and others is derived from our interpretation of these events. By exploring our lives in terms of how everything has served us in growing versus harmed us we can begin to see our history and future in a positive light.

Let's explore some possibly radical assumptions together. I encourage you to adopt these assumptions as absolutely true. By doing so, you will be able to transform or transmute circumstances and relationships in your life. You can begin the process of seeing your life and its stories through a new, brighter lens.

Here are the significant assumptions that will support your soul's journey to become all you are meant to be:

>There is only Love - Unconditional Love that must give us what we ask for.

>There is only Free Will - We choose EVERYTHING that happens in our lives.

>Every human chose to incarnate on Earth with a gift and a purpose on the soul's Journey to Wholeness – the journey to self-love, self- acceptance and alignment with our inherent divinity. An over-arching act of free will to which the loving Universe responds.

>This is the job our soul came here to do.

>Each soul will create the conditions needed to become whole.

>Our lives are our movie. We are the director, script writer and principle actor, others show up with scripts we have written.

>There are no victims, no perpetrators. There is only Love, free will and the soul's journey to wholeness.

>We are doing this work for all of Creation: Transmuting fear, self-doubt, separation and the illusion of scarcity.

> We are the divine coming to understand itself.

I know that accepting these ideas may be challenging. Many of these assumptions may be in alignment with your world view, or they may be the polar opposite of everything you believe to be true. Please ponder them and accept them for this process. You may want to explore *The Trust Frequency* book that goes deeply into these assumptions.

To benefit from this Dance of Souls course one must adopt the above assumptions as absolutes. We must take them as absolutely true. When we do, our story changes, we shift from victim to beloved as we come to understand that:

A soul will choose its parents and family for the environment needed for its journey to wholeness. People and circumstances will respond to the soul's need for its lessons. In other words the soul will magnetize or influence the behavior of people in its life for its own purposes:

In childhood to acquire the "wounds" needed to do the work of seeing the unloved parts of oneself. Example: A soul might choose abandonment in order to take on feelings of unworthiness.

In adulthood it will create a "mirror" to see these wounds which are resting in the subconscious, where they are unseen, but are driving the behavior of the person.

Example: This soul will actually influence others in its life to “abandon” it in order to feel unworthy until it sees and understands that it is indeed worthy of the love and abundance of the Universe, that it is a magnificent aspect of the divine.

The feeling of unworthiness is called “the shadow” the parts of oneself one does not yet love. This feeling is “projected” upon people most intimately involved in one’s life.

A sibling, a parent, a spouse, a best friend, coworker or boss, a person one can't easily get away from, by accusing them of abandonment and shaming them, making them bad and wrong so that one does not have to acknowledge one's own feeling of unworthiness that is the “core issue,” preventing a healthy relationship from evolving.

This is The Dance of Souls, the purpose of an intimate relationship in which both souls magically benefit. The soul will put experiences through a filter that will perceive a situation, even twist it as it enters the senses, in order to perceive it as the wound (in childhood) or as the trigger for projection (in adulthood.)

Once one recognizes that the “job” of this intimate relationship is to create, show, mirror, the subconscious wound so that it may be dealt with, and both souls recognize the dance, then they are on the road to becoming whole together.

This dance serves both souls because the soul that is abandoning the other soul is accessing its hypothetical wound of feeling like an “abuser” and “less-than” because it is abandoning its friend, often unintentionally, and therefore when accused of abandonment, feels guilty and triggered into defense. Both souls are in defense mode and the situation spirals downward with no way out, like quicksand sucking both souls down, down, down.

This is a very complex situation. The complexity of it is boggling in its beauty. How can it be? That two souls can serve each other so perfectly on such deep levels?

Here is a summary: The underlying and overarching purpose of a person’s physical existence is to become whole by experiencing certain “wounds,” to magnetize a mirror in the form of an intimate relationship in order to activate the feelings of self-doubt that attracted the wounds, playing out the associated

defensive behavior, recognizing the wounds, coming to terms with the underlying feelings, and integrating them into one's being.

Through this journey one comes to love oneself fully and completely as an aspect of the divine – perfect, loveable, deserving of abundance, joy, ease, grace, beauty and the actualization of one's divine purpose.

The people and experiences in one's life will repeat over and over to mirror the wound until the underlying feelings of self-doubt are dealt with and integrated.

Ultimately, there is no escape. This is the conscious loving universe complying with the soul's wish – the commitment to incarnate and proceed on the journey to wholeness.